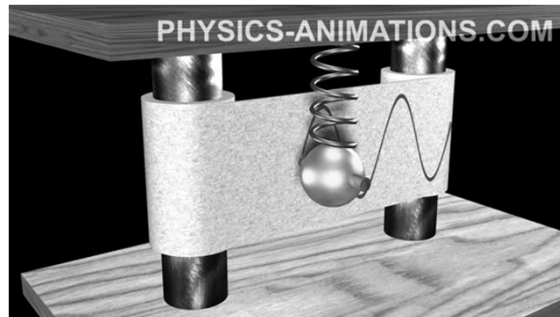


Simple Harmonic Motion

Springs - Part 2

1

Displacement in SHM

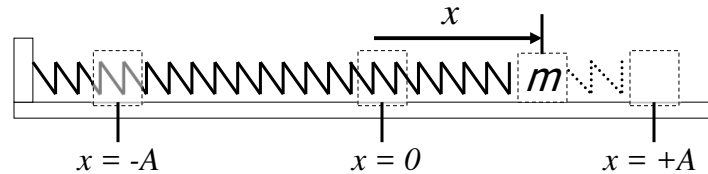


- As seen in our lab, when a mass hanging from a spring is pulled away from its equilibrium position, it will be put into simple harmonic motion.

2

Displacement in SHM

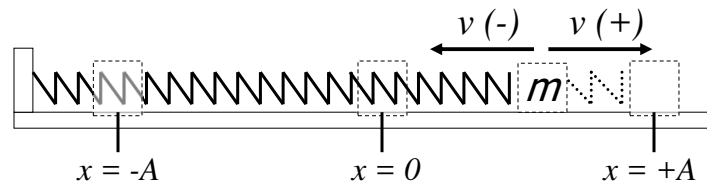
- The same motion can be observed in a mass attached to a horizontal spring oscillating on a frictionless surface.



- Displacement is positive when the position is to the right of the equilibrium position ($x = 0$) and negative when located to the left.
- The maximum displacement is called the amplitude, A .

3

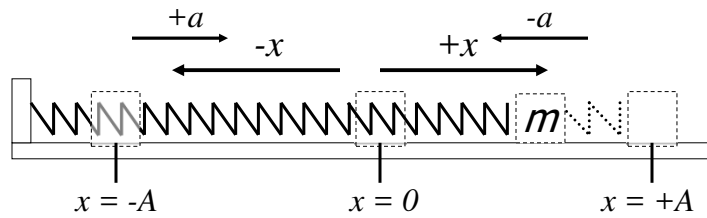
Velocity in SHM



- Velocity is positive when moving to the right and negative when moving to the left.
- It is zero at the end points and a maximum at the midpoint in either direction (+ or -).

4

Acceleration in SHM



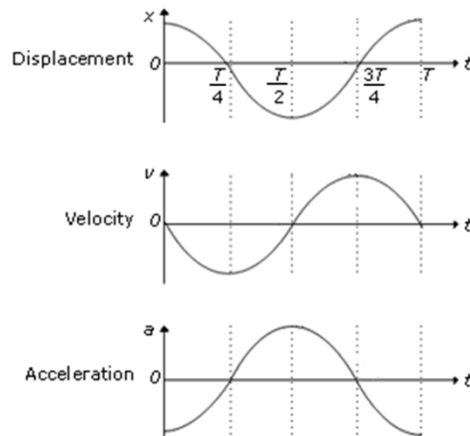
- Acceleration is in the direction of the restoring force. (a is positive when x is negative, and negative when x is positive.)

$$F = ma = -kx$$

- Acceleration is a maximum at the end points and it is zero at the center of oscillation.

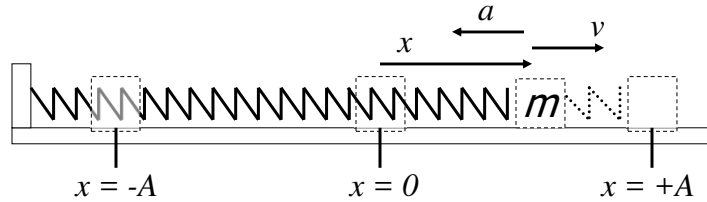
5

Comparing Displacement, Velocity and Acceleration of SHM



6

Acceleration vs. Displacement



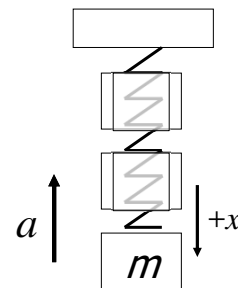
Given the spring constant, the displacement, and the mass, the acceleration can be found from:

$$F = ma = -kx \quad \text{or} \quad a = \frac{-kx}{m}$$

Note: Acceleration is always opposite to displacement.

7

Example 1: A 2-kg mass hangs at the end of a spring whose constant is $k = 400 \text{ N/m}$. The mass is displaced a distance of 12 cm and released. What is the acceleration at the instant the displacement is $x = +7 \text{ cm}$?

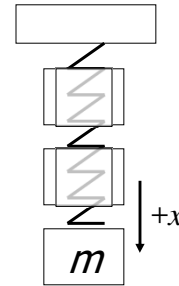


8

Example 2: What is the maximum acceleration for the 2-kg mass in the previous problem?
($A = 12 \text{ cm}$, $k = 400 \text{ N/m}$)

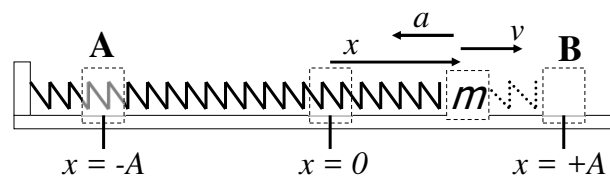
The maximum acceleration occurs when the restoring force is a maximum; i.e., when the stretch or compression of the spring is largest.

$$F = ma = -kx \quad x_{max} = \pm A$$



9

Energy of a Vibrating System:



- At points A and B, the velocity is zero and the acceleration is a maximum. The total energy is:

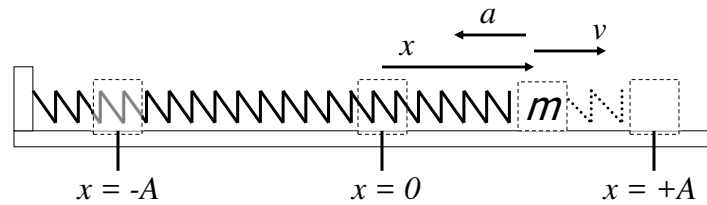
$$U + K = \frac{1}{2}kA^2 \quad x = \pm A \text{ and } v = 0.$$

- At any other point: $U + K = \frac{1}{2}mv^2 + \frac{1}{2}kx^2$

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Conservation of Energy

The total mechanical energy ($U + K$) of a vibrating system is constant; i.e., it is the same at any point in the oscillating path.



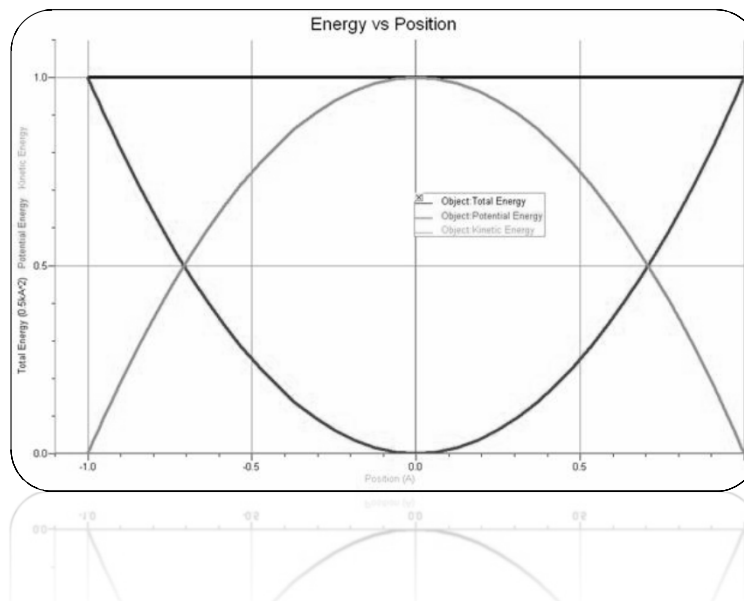
For any two points A and B, we may write:

$$K_A + U_A = K_B + U_B$$

$$\frac{1}{2}mv_A^2 + \frac{1}{2}kx_A^2 = \frac{1}{2}mv_B^2 + \frac{1}{2}kx_B^2$$

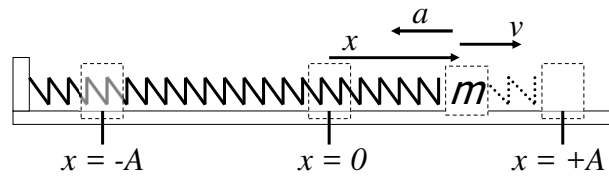
11

Energy in SHM



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Velocity as Function of Position

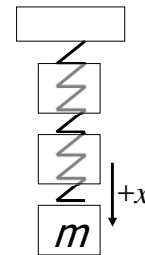


$$\frac{1}{2}mv^2 + \frac{1}{2}kx^2 = \frac{1}{2}kA^2 \quad v = \sqrt{\frac{k}{m}}\sqrt{A^2 - x^2}$$

$$v_{\max} \text{ when } x = 0: \quad v_{\max} = \sqrt{\frac{k}{m}}A$$

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Example 3: A 2-kg mass hangs at the end of a spring whose constant is $k = 800 \text{ N/m}$. The mass is displaced a distance of 10 cm and released. What is the velocity at the instant the displacement is $x = +6 \text{ cm}$?

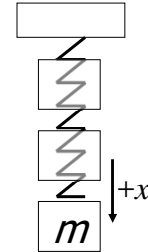


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Example 3 (Cont.): What is the maximum velocity for the previous problem?

($A = 10 \text{ cm}$, $k = 800 \text{ N/m}$, $m = 2 \text{ kg}$.)

The velocity is maximum when $x = 0$:



15

The Period and Frequency as a Function of a and x .

- From our lab we found that the quadratic relationship between period (T) and mass (m)

$$T = 2\pi \sqrt{\frac{m}{k}}$$

- From Newton's 2nd Law and Hooke's Law we found:

$$a = \frac{-kx}{m} \Rightarrow \frac{a}{x} = -\frac{k}{m} \Rightarrow \frac{m}{k} = -\frac{x}{a}$$

Substituting we find...

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The Period and Frequency as a Function of a and x .

For any body undergoing simple harmonic motion:

$$T = 2\pi \sqrt{\frac{-x}{a}}$$

And since $f = \frac{1}{T} \Rightarrow f = \frac{1}{2\pi} \sqrt{\frac{-a}{x}}$

The frequency and the period can be found if the displacement and acceleration are known. Note that the signs of a and x will always be opposite.

17

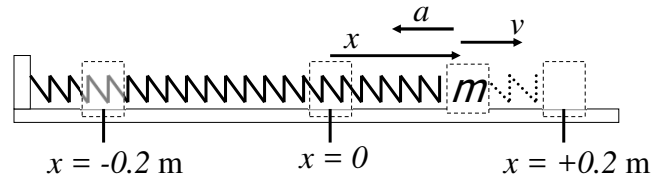
Acceleration as a Function of f and x .

- Rewriting the previous equation we get:

$$f = \frac{1}{2\pi} \sqrt{\frac{-a}{x}} \Rightarrow -a = 4\pi^2 f^2 x$$

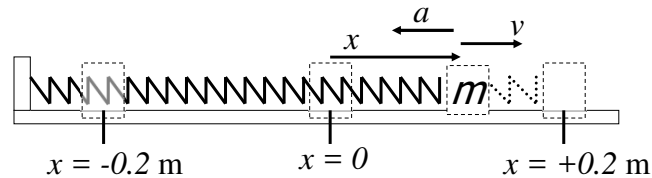
18

Example 4: The frictionless system shown below has a 2-kg mass attached to a spring ($k = 400 \text{ N/m}$). The mass is displaced a distance of 20 cm to the right and released. What is the frequency of the motion?



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Example 4 (Cont.): Suppose the 2-kg mass of the previous problem is displaced 20 cm and released ($k = 400 \text{ N/m}$). What is the maximum acceleration? ($f = 2.25 \text{ Hz}$)



Acceleration is a maximum when $x = \pm A$

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